

PLEASE PRINT CLEARLY

Date: \_\_\_\_\_

Name (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (M.I.) \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_) \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Social Security \_\_\_\_\_ Sex: M / F

Drivers Lic # \_\_\_\_\_

Complaint/ Area to be treated \_\_\_\_\_ Injury Date \_\_\_\_\_

Email Address \_\_\_\_\_

Referring Physician \_\_\_\_\_ Telephone \_\_\_\_\_

Date First Consulted \_\_\_\_\_

**Status** Married / Single / Divorced / Separated / Widowed **Student** No / Full-time / Part-time**Employment** Full / Part-time / Not Working / Retired **Employer** \_\_\_\_\_**Emergency Contact** \_\_\_\_\_ **Relation** \_\_\_\_\_

Phone \_\_\_\_\_

**Injury Type** ☐ Work ☐ Auto ☐ Home ☐ Other \_\_\_\_\_ **Lawyer Involved** Yes / No

Attorney name \_\_\_\_\_

Address \_\_\_\_\_ Telephone # (\_\_\_\_) \_\_\_\_\_

Who may we thank for your referral other than your Doctor? \_\_\_\_\_

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Patient Name \_\_\_\_\_ Age \_\_\_\_\_

Type of Injury / Condition \_\_\_\_\_

Onset / Injury Date \_\_\_\_\_

Type of Surgery &amp; Date \_\_\_\_\_

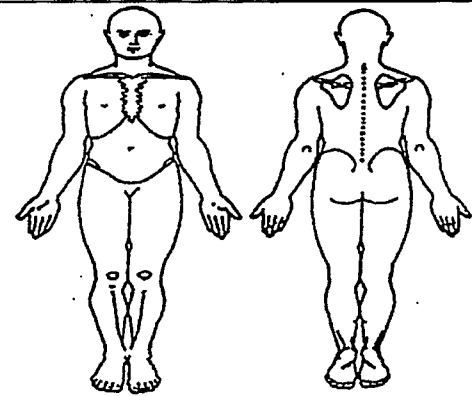
Next Doctor's Appointment? \_\_\_\_\_

Describe previous treatment for this condition \_\_\_\_\_

Have you received physical therapy treatment this year? Yes / No

Have you received speech therapy treatment this year? Yes / No

Have you received Home Health Care via Medicare this year? Yes / No



Please mark the area(s) of concern

**Have you had any imaging performed:**

- |                                |                                     |
|--------------------------------|-------------------------------------|
| <input type="checkbox"/> X-Ray | <input type="checkbox"/> CT Scan    |
| <input type="checkbox"/> MRI   | <input type="checkbox"/> Doppler    |
|                                | <input type="checkbox"/> Ultrasound |

**Have you recently noted:**

- |                                            |                                                      |                                                      |
|--------------------------------------------|------------------------------------------------------|------------------------------------------------------|
| <input type="checkbox"/> Weight Loss /Gain | <input type="checkbox"/> Nausea / Vomiting           | <input type="checkbox"/> Fatigue                     |
| <input type="checkbox"/> Weakness          | <input type="checkbox"/> Fever / Chills / Sweats     | <input type="checkbox"/> Numbness / Tingling         |
| <input type="checkbox"/> Pregnant / IUD    | <input type="checkbox"/> Headaches                   | <input type="checkbox"/> Change In Vision Or Hearing |
| <input type="checkbox"/> Pain At Night     | <input type="checkbox"/> Cramps In Legs When Walking | <input type="checkbox"/> Insomnia                    |

**Do you have now or have you ever had any of the following?**

- |                                                                                 |                                                      |                                                        |
|---------------------------------------------------------------------------------|------------------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> Surgeries                                              | <input type="checkbox"/> Loss of Consciousness       | <input type="checkbox"/> Fractures                     |
| <input type="checkbox"/> Sprains / Strains                                      | <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Blood Pressure Problems       |
| <input type="checkbox"/> Heart Problems                                         | <input type="checkbox"/> Cancer                      | <input type="checkbox"/> Motor Vehicle Accident        |
| <input type="checkbox"/> Circulation Problems / Clots                           | <input type="checkbox"/> Asthma / Breathing Problems | <input type="checkbox"/> Lung Disease                  |
| <input type="checkbox"/> Easy Bruising / Bleeding                               | <input type="checkbox"/> Leg / Ankle Swelling        | <input type="checkbox"/> Urinary Problems / Infections |
| <input type="checkbox"/> Indigestion / Heartburn                                | <input type="checkbox"/> Fainting                    | <input type="checkbox"/> Allergies / Skin Sensitivity  |
| <input type="checkbox"/> Any previous injury that may affect current care _____ |                                                      |                                                        |

Explain &amp; give approximate dates for any items indicated above \_\_\_\_\_

Are you currently taking medications? Yes / No Name or Type of Medication \_\_\_\_\_

Type Of Pain: Sharp / Burning / Aching / Tingling / Numbness / Other \_\_\_\_\_

Rate your pain (1=minimal 10=severe): At it's worst: 1 2 3 4 5 6 7 8 9 10 / At it's best: 1 2 3 4 5 6 7 8 9 10

What do you hope to get out of your treatment? \_\_\_\_\_

What are your physical or fitness goals: \_\_\_\_\_

Is there anything else you would like to include or ask your physical therapist? \_\_\_\_\_

Patient or Personal Representative Signature \_\_\_\_\_

Date \_\_\_\_\_

## THE LOWER EXTREMITY FUNCTIONAL SCALE

We are interested in knowing whether you are having any difficulty at all with the activities listed below because of your lower limb Problem for which you are currently seeking attention. Please provide an answer for **each** activity.

**Today, do you or would you have any difficulty at all with:**

|    | Activities                                                 | Extreme<br>Difficulty or<br>Unable to<br>Perform Activity | Quite a Bit<br>of Difficulty | Moderate<br>Difficulty | A Little Bit<br>of<br>Difficulty | No<br>Difficulty |
|----|------------------------------------------------------------|-----------------------------------------------------------|------------------------------|------------------------|----------------------------------|------------------|
| 1  | Any of your usual work, housework, or school activities.   | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 2  | Your usual hobbies, re creational or sporting activities.  | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 3  | Getting into or out of the bath.                           | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 4  | Walking between rooms.                                     | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 5  | Putting on your shoes or socks.                            | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 6  | Squatting.                                                 | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 7  | Lifting an object, like a bag of groceries from the floor. | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 8  | Performing light activities around your home.              | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 9  | Performing heavy activities around your home.              | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 10 | Getting into or out of a car.                              | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 11 | Walking 2 blocks.                                          | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 12 | Walking a mile.                                            | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 13 | Going up or down 10 stairs (about 1 flight of stairs).     | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 14 | Standing for 1 hour.                                       | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 15 | Sitting for 1 hour.                                        | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 16 | Running on even ground.                                    | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 17 | Running on uneven ground.                                  | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 18 | Making sharp turns while running fast.                     | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 19 | Hopping.                                                   | 0                                                         | 1                            | 2                      | 3                                | 4                |
| 20 | Rolling over in bed.                                       | 0                                                         | 1                            | 2                      | 3                                | 4                |
|    | <b>Column Totals:</b>                                      |                                                           |                              |                        |                                  |                  |

**Minimum Level of Detectable Change (90% Confidence): 9 points**

**SCORE: \_\_\_\_\_ / 80**

**Please submit the sum of responses to ACN.**

*Reprinted from Binkley, J., Stratford, P., Lott, S., Riddle, D., & The North American Orthopaedic Rehabilitation Research Network, The Lower Extremity Functional Scale: Scale development, measurement properties, and clinical application, Physical Therapy, 1999, 79, 4371-383, with permission of the American Physical Therapy Association.*

**CONSENT FOR TREATMENT OF A MINOR:** As parent and/or legal guardian, I authorize **Covina Hills Sports Medicine** to treat the minor patient named in the attached forms while I am not present.

**CONSENT FOR CARE & TREATMENT:** Your Physical Therapist will complete an evaluation by examination and interview. Your individual treatment program will then be designed. A variety of treatment techniques may be used. I the undersigned do hereby agree and give my consent for **Covina Hills Sports Medicine** to furnish physical therapy care and treatment considered necessary and proper in evaluating or treating my physical condition.

**ASSIGNMENT OF INSURANCE BENEFITS:** I hereby authorize **Covina Hills Sports Medicine** to furnish information to insurance carriers concerning this treatment and I hereby assign all payment for services rendered.

**WORKERS' COMPENSATION CLAIMS:** If you claim Workers' Comp benefits and are subsequently denied such benefits, you may be held responsible for the total amount of charges for services rendered.

**CANCELLATION & NO-SHOW POLICY:** We require 24 hours notice in the event of a cancellation.

**FINANCIAL POLICY:** We bill your personal insurance carrier solely as a courtesy to you. You are responsible for your bill. We require that arrangements for payment of your estimated share be made today. If your insurance carrier does not remit payment to us within 60 days, the balance owed will be due in full from you. In the event that your insurance company requests a refund of payments made to us, you may be responsible for the amount of money refunded to your insurance company. If any payment is made directly to you by the insurance company for services billed by us, you recognize an obligation to promptly remit the payment(s) to us. If formal collections procedures become necessary you will be responsible for additional costs incurred. Your insurance benefits as quoted to us by your insurance carrier have been reviewed with you. We assume no liability for any errors made by your insurance carrier in this quotation. We have reviewed these benefits with you and you agree to pay your portion of this bill.

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**Patient/Guardian/Responsible Party**

**Date**

# NOTICE OF PRIVACY PRACTICES

(Effective April 14, 2003)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED, AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

## USES AND DISCLOSES OF YOUR MEDICAL INFORMATION

**For Treatment:** We may use medical information about you to provide you with medical treatment or services. **For Payment:** We may use and disclose medical information about you so that the treatment and services you receive at our practice may be billed to and payment may be collected from you, an insurance company, or a third party. **For Health Care Operations:** We may use and disclose health information about you for operations of our health care practice. **For Individuals Involved in Your Care or Payment for Your Care:** We may release medical information about you to a friend or family member who is involved in your medical care. **For Health-Related Services and Treatment Alternatives:** We may use and disclose health information to tell you about health-related services or recommend possible treatment options or alternatives that may be of interest to you. **As Required By Law:** We will disclose medical information about you when required to do so by federal, state, or local law. **To Avert a Serious Threat to Health or Safety:** We may use and disclose medical information about you when necessary to prevent a serious threat to your health and safety or the health and safety of the public or another person. **For Military and Veterans:** If you are a member of the armed forces, we may release medical information about you as required by military command authorities. **For Worker's Compensation:** We may release medical information about you for workers' compensation or similar programs. **For Public Health Risks:** We may disclose medical information about you for public health activities. **For Health Oversight Activities:** We may disclose medical information to a health oversight agency for activities authorized by law. **For Lawsuits and Disputes:** If you are involved in a lawsuit or a dispute, we may disclose medical information about you in response to a court or administrative order. **For Law Enforcement:** We may release medical information if asked to do so by law enforcement officials. **For Coroners, Medical Examiners, and Funeral Directors:** We may release medical information to a coroner or medical examiner. **For National Security and Intelligence Activities:** We may release medical information about you to authorized federal officials for intelligence, counterintelligence, and other national security activities authorized by law. **For Protective Services for the President and Others:** We may disclose medical information about you to authorized federal officials so they may provide protection to the President, other authorized persons or foreign heads of state or conduct special investigations. **For Inmates:** If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may release medical information about you to the correctional institution or law enforcement official.

## YOUR RIGHTS REGARDING YOUR MEDICAL INFORMATION

**YOUR RIGHT TO INSPECT AND COPY:** To inspect and copy of your medical information, you must submit your request in writing. We may deny your request to inspect and copy, in limited circumstances. If you are denied access to medical information, you may request in writing, that the denial be reviewed. **Your Right to Amend:** If you feel that medical information we have about you is incorrect or incomplete, you may request an amendment in writing. Your request may be denied if you do not include a reason to support the request. **Your Right to an Accounting of Disclosures:** You have the right to request in writing, a list accounting for any disclosures of your medical information we have made, except for uses and disclosures for treatment, payment, and health care operations, as previously described. **Your Right to Request Restrictions:** You have the right to request a restriction or limitation on the medical information we use or disclose about you for treatment, payment, or health care operations. *We are not required to agree to your request.* **Your Right to Request Confidential Communications:** You have the right to request in writing that we communicate with you about medical matters in a certain way or at a certain location. **Your Right to a Paper Copy of This Notice:** You have the right to a paper copy of this notice at any time.

**CHANGES TO THIS NOTICE:** We reserve the right to change this notice, and will post the current notice in our facility.

**COMPLAINTS:** If you believe your privacy rights have been violated, you may file a complaint with the practice or with the Secretary of the Department of Health and Human Services.

**OTHER USES OF MEDICAL INFORMATION:** Other uses and disclosures of medical information not covered by this notice or the laws that apply to us will be made only with your written permission. If you provide us permission to use or disclose medical information about you, you may revoke that permission, in writing, at any time. If you revoke your permission, we will no longer use or disclose medical information about you for the reasons covered by your written authorization. You understand that we are unable to take back any disclosures we have already made with your permission, and that we are required to retain our records of the care that we provided to you.

By my signature below I acknowledge receipt of a copy of the Notice of Privacy Practices.

\_\_\_\_\_  
Patient or Personal Representative Signature

\_\_\_\_\_  
Date



## RELEASE FORM FOR MEDIA RECORDING

Please choose one of the following options:

- ☐ I, the undersigned, do hereby consent and agree that **Covina Hills Sports Medicine**, its employees, or agents have the right to take photographs or video recordings of me and to use these in any and all media, now or hereafter known, and exclusively for the purpose of social media promotion. I further consent that my name and identity may be revealed therein or by descriptive text or commentary.

I do hereby release to **Covina Hills Sports Medicine**, its agents, and employees all rights to exhibit this work in print and electronic form publically or privately and to market and sell copies. I waive any rights, claims, or interest I may have to control the use of my identity or likeness in whatever media used.

I understand that there will be no financial or other remuneration for recording me, either for initial or subsequent transmission or playback.

I also understand that **Covina Hills Sports Medicine** is not responsible for any expense or liability incurred as a result of my participation in this recording, including medical expenses due to any sickness or injury incurred as a result.

I represent that I am at least 18 years of age, have read and understood the forgoing statement, and am competent to execute this agreement. If under the age of 18, a parent name and signature is required.

- ☐ I, the undersigned, **DO NOT** consent to the above.

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Name (if a minor): \_\_\_\_\_

Date: \_\_\_\_\_

Signature: **X** \_\_\_\_\_